

Welcome Spring!

Promoting Quality Agency
Communication Since 2007

May / June 2011

HRS News

Welcome to HRS!

*New Employees Hired in
March and April*

Sharon Roush
Angela Hamilton
Rhiannon Strausbaugh
Jared Riley
Dorian Callahan
Amanda Cecere
Kathleen Martin
Brittany Eckert
Joellen Scott
Gabriel Tirado
Michelle Swanson
Amanda Barrow
Rachel Farcas
Audrey Spence
Aisha Tufail
Karen Secoy
Crissa Cummings
Crystal Vance

**Introducing Gallia
Outpatient and
Jackson Outpatient
offices!**
(see page 6)



**If you drive an
agency vehicle
and notice any lights on in
the dashboard (especially
tire pressure sensor),
please notify
Facility Support
IMMEDIATELY.**

**Agency vehicles
ARE NOT
for personal use.
HRS vehicles are not to be
used to travel to
personal appointments and
other activities.
Do not transport your fam-
ily members in an agency
vehicle.**

Website Suggestions? Newsletter Ideas?

Please submit suggestions and
other comments to the
Quality Improvement Dept.:
Stacy Morgan: smorgan@hrs.org
740.592.6724 ext. 106

**Please Visit the Health
Recovery Services Website:
<http://hrs.org>
*Save it as your homepage!***

In this issue:

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TRAINING SCHEDULE,
AOP NEWS**
(see P. 3)

**DONE-RIGHT AWARD WINNERS,
GREY STREET NEWS**
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DCS News
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**NEW OUTPATIENT OFFICES,
STAFF BIRTHDAYS, HIRE
ANNIVERSARIES**
(see P. 6)

**HRS Health and Benefit Fair
Thursday, June 23rd**
(see P. 7)



Holidays & Celebrations

*Have a safe and enjoyable
Summer!*

Sunday, May 8th
Mother's Day

Monday, May 30th
Memorial Day [Agency Holiday]

Sunday, June 19th
Father's Day

Monday, July 4th
Independence Day [Agency Holiday]

Nightingale News



HRS Nursing Department

May/June 2011

Reported by Manager of Nursing
Amy Sappington

Nursing Notes & Reminders

- Thanks to all nurses for your hard work!



*Remember
to thank a
nurse!*

National Nurses Week

May 6th thru 12th, 2011

National Nurses Week begins each year on May 6th and ends on May 12th, Florence Nightingale's birthday. These permanent dates enhance planning and position National Nurses Week as an established recognition event. As of 1998, May 8 was designated as National Student Nurses Day, to be celebrated annually. And as of 2003, National School Nurse Day is celebrated on the Wednesday within National Nurses Week (May 6-12) each year.

TB/HBV Clinic

@Bassett House
Wednesday, May 18th
2-5:00pm

Read:
Friday, May 20th
2-3:30pm

*Thanks to all of our
dedicated nurses at HRS!*

Shari Blackwell Amy Barber

Nancy Clark Angie Kennedy

Debra Lee Brandy Mullins

Mary Ann Rosser Amy Sappington

Sherry Selbee Joy Strickland

Cheryl Taylor Abbey Thompson

Tara Whaley



*Words of
Wisdom*

*from the Bassett
House Nurses*

When you feel like giving up,
remember why you held on
for so long in the first place.

As you get older, your secrets
are safe with your friends
because they can't remember
them either.

I would be unstoppable, if I
could just get started.

“Wise is the person who
profits from the mistakes of
the past, recognizes the op-
portunities of the present,
and anticipates the chal-
lenges of the future.”

—William Arthur Ward



Training Schedule

May / June 2011

Monday, 5/16

Biochemical Basics of Addiction
(1-4:30 pm)—at Admin

Tuesday, 5/17

Drugs of Abuse (Pt. 1) (1-4:30 pm)
—at Admin

Adult/Child/Infant CPR Challenge
(TEST OUT) Contact Q.I. for appt.
First Aid Test Out also available.

Wednesday, 5/18

Adult CPR & First Aid @ Admin
CPR begins at 8:30am
First Aid begins at 12:30pm

Thursday, 5/19

Drugs of Abuse (Pt. 2) (1-4:30 pm)
—at Administration

Tuesday, 5/31

TACT 2 (8-4:30) at Administration

Wednesday, 6/1

TACT 2 (8-4:30) at Administration

Thursday, 6/2

TACT 2 (8-4:30) at Administration

Monday, 6/6

Defensive Driving (9-4) at Admin

Wednesday, 6/15

Bassett House, TACT 2 Refresher
(8:30 am) at Admin

Monday, 6/20

Bassett House, TACT 2 Refresher
(8:30 am) at Admin

Tuesday, 6/21

Adult/Child/Infant CPR Challenge
(TEST OUT) Contact Q.I. for appt.
First Aid Test Out also available.

Wednesday, 6/22

Adult CPR & First Aid @ Admin
CPR begins at 8:30am
First Aid begins at 12:30pm

Wednesday, 6/29

Bassett House, TACT 2 Refresher
(8:30 am) at Admin

Q.I. Corner

- QI would like to encourage any staff member who has successfully completed CPR training with HRS 3 or more years to sign up for **CPR test-outs** when your certification nears the expiration date.

Contact the Quality Improvement Department:

Stacy Morgan, Q.I. Coordinator
email: smorgan@hrs.org
Phone: 592-6724 ext. 106

CPR and First Aid test-outs require a passing grade on written exams as well as correct demonstration of skills. **Test-outs last approx. 30-45 minutes.**

Please send **website and/or newsletter suggestions** to Q.I. via interoffice mail, phone, or email!



Don't forget to thank your favorite HRS nurse!

Spring Safety

Be Careful During Outdoor Activities!

As warmer weather approaches, please be careful while participating in outdoor activities with consumers, especially on basketball courts and during any extra-curricular sport activities!

AOP News

Submitted by Linda Holley



The Women's Group at AOP is "Taking Back the Night." Some of the Women's Group members decorated t-shirts to wear for the Thursday night walk to help raise awareness and stop domestic violence. The women marched through downtown Athens in support of women who are victims of domestic violence. Thanks so much to the Women's Group facilitators, Donna Johnson and Renee Phillips. Keep up the great work as the Women's Group is growing and continues to be one of the most successful groups at AOP!

Two AOP staff members have expanded their credentials!

Congratulations to Tina Harper (BS/P, OCPSII, LCDCIH) and to Talley Pratt (M.Ed, LICDC, LPCC)!

AOP (as well as other outpatient sites) has started the BYRNE group. This has been difficult for all involved. Thanks to everyone who has worked so hard to get this going. Specifically, Tina Harper and Talley Pratt (AOP), Joey Scott (MOP), Carrie McManis (VOP), and Sharon Williams (HOP-S). Also, a huge thank you to all of the office manager and clerical staff that have made this possible. We couldn't do it without you!

"Done Right" Award of Excellence

**Presented by Executive Cabinet Members
Congratulations to Award Winners!**



March / April Recipients

<i>Lori Duhl</i>	<i>Mary Male</i>	<i>Lew Pulver</i>
<i>Rich Green</i>	<i>Joy Bean</i>	<i>Deanna Shultz</i>
<i>Charlene Bruss</i>	<i>Ted Layman</i>	<i>Sharon Williams</i>
<i>Linda Holley</i>	<i>Tina Harper</i>	<i>Darcie Caprio</i>
<i>Angie Kennedy</i>	<i>Sherry Maffin</i>	<i>Dave Arrington</i>
<i>Brenda Cremeans</i>	<i>Chad Scott</i>	<i>Linda Rust</i>
<i>Tina Haggy</i>	<i>Kathie England</i>	<i>Angela Stowers</i>
<i>Sandy Sickles</i>	<i>Stacie McCord</i>	<i>Teresa Grigsby</i>
<i>Regina Smith</i>	<i>Reggie Robinson</i>	<i>Ellen Martin</i>
<i>Stacy Morgan</i>	<i>Vicki Williams</i>	<i>Pam Ramage</i>
<i>John Padget</i>	<i>Cathy Chelak</i>	<i>Kyle Mopps</i>
<i>Becky Barber</i>	<i>Sarah Collins</i>	<i>Erin Brooks</i>
<i>Evelyn Nagy</i>	<i>Amanda Uribe</i>	<i>Maryann Weiss</i>
<i>Courtney Riggs</i>	<i>Jeremy Kerns</i>	<i>Joanna Carter</i>
<i>Shawna Green</i>	<i>Cheryl Taylor</i>	<i>Stacey Barnhouse</i>
<i>Kent Butler</i>	<i>Lauren Wright</i>	<i>Jodi Webster</i>
<i>Jessica Fox</i>	<i>Medical Records Staff at Bassett House</i>	<i>The Staff of RWRP</i>
<i>The Staff of Bassett House</i>		

News from Grey Street

We've had a busy school year and are wrapping up our research based groups being held in the school and programs after school. We are beginning plans for summer groups.

We have continued our efforts to involve families in our services. Our monthly Family Night events have recently been held at the Logan Bowling Alley and have averaged about 80 consumers / family members each month. We are looking forward to being able to schedule a variety of outdoor activities this summer for our families!

At our Stagecoach site, Serena Hopkins and Judy Manley will be providing the Incredible Years Parenting group beginning on June 9th. Incredible Years serves parents with children 0-8 years old. This session will be on Thursdays from 10 am—12 pm and lunch will follow. Childcare will be provided by CPST staff. It is free of charge to any parent served by HRS or Dr. Anzalone. Please call 740.707.9220 for more information.

We have welcomed Gabe Tirado & Tammy Reichelderfer to our team!

Congratulations to Jennie Coffill on the birth of her daughter and to Cheryl Spence on the birth of her granddaughter!

Get in shape for Spring and Summer

Take Advantage of the

WellWorks

Health Recovery Services Corporate Membership Rate!

Wellworks isn't just a fitness center—it's a health and wellness facility. As a member, you can enjoy the fitness center, group exercise classes, and the personal training program. At a reduced price, you can sign up for nutritional counseling/workshops, massages, and health screenings. As a member of Wellworks, you can also participate in programs like *HeartWorks* and *Healthy Ohio*

To become a Wellworks member, you will be required to pay a one-time \$35 enrollment/health assessment fee. This will cover the cost of cholesterol/glucose screenings and other components of the health assessment.

Corporate Membership Fees:

Monthly: \$27 (\$24.00 if 55 & over)
Yearly: \$175* (\$158.00 if 55 & over)

*As a staff member at HRS, you save \$100—regular "Community" wellworks memberships are \$275!

You can try Wellworks out before purchasing an extended membership by paying the visitor's fee (\$5 per day).

**To get started with Wellworks,
Call 593-2093!**

**Visit Wellworks' website at
<http://www.ohio.edu/wellworks>**

**FREE passes will also be
available at the Health Fair!**

DCS News



Division of Community Services

Spring has sprung (or has it? It's been awful cool lately). Anyway, the DCS crew has been very busy, as usual, spreading the message about healthy behaviors to our communities. Last week, DCS was in attendance at Kidfest. We have also provided presentations at numerous other Health Fairs as well as continuing to provide the Driver Intervention Program, Ohio University Prime for Life, Tobacco Education Group, SAAMCO, etc. Reggie Robinson has been interviewed for a WOUB In-Depth series on Problem Gambling, which will be airing in May. DCS will be participating in a Prescription Drug Drop-off program taking place on May 7th at the Albany Fire Department and the Live Healthy Appalachia Summit being held May 20-21, in Athens. We are also gearing up for a full summer of activities including providing staff support for Kids on Campus at all of their Athens County locations.

Teen Institute Camp was held April 8-10 at Canter's Cave in Jackson, Ohio. The DCS staff took about 70 youth on a Drug-Free Safari, and a great time was had by all. We would like to send out special thanks to staff from other sites that helped out: Nurse Cheryl Taylor, Jeremy Kerns and Shari Blackwell. At TI Camp, we honor people who have helped with keeping the TI Magic going with the Pat Cline award. We are proud to announce this year's recipients, Shari Blackwell and Shawna Green. Congratulations ladies, and thanks for all of the energy you put into camp every year!

JoAnna Carter has been busy wrapping up her Teen Institute Groups in Athens and Hocking Counties. She is also finishing up the Safe Date Curriculum that she was able to get into three schools this year. JoAnna will be coordinating the Nelsonville-York Elementary Field day on May 25, with all DCS staff joining in for a long, but fun-filled day.

In April, JoAnna Carter and Shawna Green took two youth to Toledo, Ohio for the 2011 PRIDE Youth Conference. There they learned about the dangers of Drugs, Alcohol, and Eating Disorders through workshops, song, and dance performances with youth and adults from all over the United States and even a group from Brazil. DCS hopes to get its own PRIDE group started in the upcoming year.

Shawna Green has been working hard in Vinton County schools and is now winding down the school year. Teen Institute has been very successful this year and Shawna has developed a strong group. The students have already been working on new recruits for next year! Girl Power is another group that has been ongoing this year at South, Central and West Elementary schools and will be wrapping up with a combined Girl Power party. This will get all three schools together to celebrate the positive lifestyle choices they have made.

Amy Davis has implemented the Life's Healing Choices curriculum with the Women's Outreach SEORJ group. This program is a collaboration with the Celebrate Recovery program at Athens Community Church. The same group is also working on a scrapbooking project. Outreach is also preparing to kick off programming for the women at RWRP later this month. Amy just completed the Safe Dates program at Athens High School.

Julie Garner's Meigs County Programming is starting to wind down for the year. Meigs County TI students from Meigs Middle, Eastern Middle and Southern Middle schools tie-dyed t-shirts at their last meeting. The t-shirts will be worn during their upcoming community service project; helping with the county *Relay for Life* event June 11th. The kids had a really great time and are looking forward to their final project for the year. The Mentoring program is also finishing up. Several students worked hard to improve their grades for the year and one was able to finish her online classes. Two mentoring students visited a university and are looking into nursing school. The Second Step Anti-Bullying Program at Eastern Middle School ended May 3rd. The students played a game called "Deal or No Dice" which focuses on drugs and alcohol questions, as well as gambling trivia.

Belinda Fleming completed the Second Step Anti-Bullying program at Alexander Elementary, staffed several Health Fairs and other programs, and assisted Reggie with the Ohio University Prime for Life program. A special thanks to Jeremy Kerns for also assisting with the OU program. Belinda is finalizing preparations for a Girl's Circle group in Hocking County.

If you have any questions about DCS activities or programs, please call 589-3680.

Staff Birthdays

May

2nd Joy Bean
 3rd Nancy Gregory
 4th Lisa Metcalf
 7th Kyle Mopps
 8th Carolyn Waller / Bonnie Brooks
 9th Paul Olsen
 10th Deanna Schultz
 14th Teresa Grigsby
 16th Audrey Spence
 19th Whitney Clark
 20th Glenn Driggs
 22nd Cathy Chelak
 25th Nancy Dotson Bulstrom
 Cynthia East
 31st Amanda Cecere / Tina Haggy

June

1st Nicki Webb
 5th Lindsey Willis
 7th David Johnson
 8th Pamela Stevenson
 Adrienne Wolf
 12th Tammy Bush
 13th Teresa Lyons
 15th Yosief Nugusie
 17th Christine McDaniel
 18th Sarah Horn
 22nd Chip Chapman
 24th Dr. Johnson
 25th Laura Hopstetter
 Jessica Hawk
 28th Brenda Cremeans
 30th Christina McClain

Happy Birthday!

Employee Longevity

May

17 Years

Dr. Johnson

15 Years

Joy Bean

14 Years

Tammy Smith

5-9 Years

Dennis Katterhenrich

Charlene Bruss

Joanna Carter

Amanda Uribe

Sharon Williams

Joy Strickland

Stacey Barnhouse

2-4 Years

Rose Ann McDonald

Carol Zimmerman

Deb Lee

Sherry Selby

1 Year

Stacie McCord

Shelton Curtis

June

12 Years

Kathie England

Paul Olsen

11 Years

Ellen Martin

10 Years

Catherine Cordingley

5-9 Years

Chad Scott

Angela Stowers

Tina Haggy

Angela Kennedy

Erin Brooks

Sharon Jago

2-4 Years

Karen Weiman

Amy Barber

1 Year

Judith Manley

Lew Pulver

David Johnson

Frank McKee

Meigs County Outpatient would like to welcome Joellen Scott to our team. She will be working with the BYRNE grant and have a small caseload.

Two New Additions to HRS

The **Gallia Outpatient** office is located at Woodland Centers, Inc., 3086 State Route 160, Gallipolis. Hours of operation are 8:00am to 6:00pm on Mondays and Wednesdays.

The **Jackson Outpatient** office is located at Holzer Medical Center, Woodland Centers, Inc. Suite 240, 500 Burlington Road, Jackson. Hours of operation are 8:00am-5:00pm on Tuesdays and Thursdays.

Jessica Fox, LCDC II serves as the primary clinician of both locations, with Angela Stowers, PCC-S, LICDC, OCPS I providing clinical supervision and program coordination at both locations as well.

Phone and Fax numbers:

Gallia Outpatient

Phone (740) 441-4420

Fax (740) 441-4402

Jackson Outpatient

Phone (740) 286-5075 ext. 217

Fax 1-888-883-1256

From: Staff

To: Staff



Special Greetings

THANKS

To Stephanie Snyder for all of her support. I feel blessed to have had the opportunity to work so closely with her. She has been an inspiration and I will truly miss her as she advances to the next exciting phase of her life. I wish her all the best in whatever and wherever her endeavors take her.

Sherry Maffin

Thank You

To my daughter Aja for your inspirational words and encouragement. You help keep me sane!

Mom

Stephanie,

Thank you so much for your positive support to me and our site. You truly will be missed. Best wishes and happiness to you in all of your new endeavors.

-Kathie E., Grey Street

S.R. Tilton would like to thank MOP staff for being so warm and supportive, and the "most wonderful people to work with".

Thank you to **Kyle Mopps**—you are dependable and dedicated. You are always very positive and have a great rapport with consumers. You are a positive role model for our youth!

Della Jordan

On behalf of MOP staff, I would like to thank S.R. Tilton for helping to improve MOP's efforts to meet the needs of the community. Thank you for going above and beyond your job to help us provide diagnostic assessments. You have great work ethic.

- Vicki Williams

Benefits & Health Fair

Health Recovery Services, Inc



June 23, 2011

Noon—4 PM

224 Columbus Road. Athens, Ohio 45701



Chair
Massages
(If Available)



Sign up for
free stuff!

Pick up your
HRS Shirts!



Tobacco
Awareness



Lunch & Snacks Provided



Health
Screenings